CHOCO-BERRY DELIGHT

Gluten-free, dairy-free, sugar-free, fat-free and packed with powerful antioxidants. Did I say DELICIOUS!

Ingredients:

 1 cup frozen berries

 ½ cup water

 1 scoop Chocolate Power Greens

Put water in blender. Add scoop of Chocolate Power Greens. Turn on blender for 1-2 seconds to mix. Turn off blender and add frozen berries. Process at high speed on blender to consistency of soft-serve. Enjoy!

Makes 2 large servings.

Calories per serving: 52.

DAIRY-FREE CHOCOLATE-COCONUT “MOUSSE”

Creamy, dairy-free, low-fat, low-sugar. Yum!

Ingredients:

 4 oz. cultured coconut milk yogurt (brand: So Delicious, available at Whole Foods)

 1 scoop Chocolate Power Greens

Blend thoroughly with spoon. Enjoy immediately.

Makes 1 serving.

Calories per serving: 115.