

**Dr Oz Show**

The Dr Oz Video

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## Pulsed Electromagnetic Fields: How They Heal

By William Pawluk, MD, MScBoard Certified Family Physician and Holistic Health Practitioner; Former Assistant Professor at Johns Hopkins University School of Medicine and University of Maryland

Dr. Pawluk is the creator of [www.drpawluk.com](http://www.drpawluk.com), an authoritative informational source on PEMFs. He has also authored a book, and appeared and consulted for the media, as well as universities conducting research.



### Added to Articles on Mon 11/14/2011

Having healthy cells is not a passive process. Active, regular tuning-up of our cells is not only feasible, but also necessary to slow aging and reduce the risk of cell dysfunction. We are, after all, only as healthy as our cells. Imperceptible cell dysfunction that is not corrected early can lead to disease. Fine-tuning can be done daily in only minutes, using pulsed electromagnetic fields (PEMFs). In addition, when there is a known imbalance (when symptoms are present) or there is a known disease or condition, PEMF treatments, used either alone or along with other therapies, can often help cells rebalance dysfunction faster.

### PEMFs work to:

- Reduce pain, inflammation, the effects of stress on the body, and platelet adhesion.
- Improve energy, circulation, blood and tissue oxygenation, sleep quality, blood pressure and cholesterol levels, the uptake of nutrients, cellular detoxification and the ability to regenerate cells.
- Balance the immune system and stimulate RNA and DNA.
- Accelerate repair of bone and soft tissue.
- Relax muscles.

PEMFs have been used extensively for decades for many conditions and medical disciplines, and results can be seen in animals as well as humans. The National Institutes of Health have made PEMFs a priority for research. In fact, many PEMF devices have already been approved by the FDA, some specifically to fuse broken bones, wound healing, pain and tissue swelling, and treat depression. Most therapeutic PEMF devices are considered safe by various standards and organizations.

### What are PEMFs and how do they work?

Science teaches us that everything is energy. Energy is always dynamic and, therefore, has a frequency; it changes by the second or minute, for example, at the very least. All energy is electromagnetic in nature. All atoms, chemicals and cells produce electromagnetic fields (EMFs). Every organ in the body produces its own signature bioelectromagnetic field. Science has proven that our bodies actually project their own magnetic fields and that all 70 trillion cells in the body communicate via electromagnetic frequencies. Nothing happens in the body without an electromagnetic exchange. When the electromagnetic activity of the body ceases, life ceases.



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